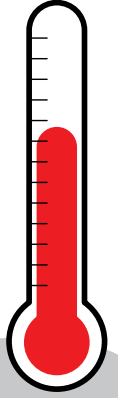




What to do if your child has a fever



Most children with a fever can be safely looked after at home. A fever is a temperature over 37.5°C (99.5°F). You should:

- keep offering your child a drink so they don't get dehydrated.
- keep them cool by loosening or removing layers of clothing.
- keep room temperatures to about 18°C (65°F).
- try children's paracetamol or ibuprofen - follow the instructions on the packet and don't give both types of medicine at once. Never give any aspirin to children under the age of 12.

Call NHS 111 or your GP urgently if your child:

- is under three months old and has a temperature of 38°C or above.
- is three to six months old and has a temperature of 39°C or above.
- as well as a fever, has other signs of being unwell, such as floppiness and drowsiness.

If your child's symptoms don't go away in please call NHS 111 or make an appointment with your GP.

The free 24-hour NHS 111 service can give you healthcare advice or direct you to the local service that can help you best.



when it's less
urgent than 999

NHS 111 is a free 24 hour service and will give you healthcare advice or direct you to the local service that is best for you.